

CUISLE BEATHA

THE PULSE OF LIFE

GALWAY UNIVERSITY HOSPITALS
1ST INTERNATIONAL PALLIATIVE MEDICINE CONFERENCE



“Living Well Despite Advanced Disease”

Exploring New Frontiers in Palliative Medicine

RADISSON SAS HOTEL, GALWAY

22ND & 23RD OF NOVEMBER, 2007



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

Thursday 22nd November - Morning Session

07.30 - 09.00 Registration.

09.00 - 09.15 Welcome address.
Dr. Dympna Waldron, Consultant in Palliative Medicine, Galway University Hospital (G.U.H.) - Roscommon County Hospital (R.C.H.) - Roscommon Home Care Team (R.H.C.T.).

Early Morning Session

Chairperson: Mr. Oliver McAnena, Consultant Surgeon, G.U.H. - Regional Director of Cancer Services, HSE West.

09.15 - 09.45 Update on management of Breast Cancer.
Speaker: *Dr. Maccon Keane, Consultant Medical Oncologist, G.U.H.*

9.45 - 10.10 New approaches to Radiotherapy in Breast Cancer
Speaker: *Dr. Frank Sullivan, Consultant in Radiation Oncology, G.U.H.*

10.10 - 10.40 Surgical advances in Breast Cancer.
Speaker: *Professor Michael Kerins, Professor of Surgery, G.U.H*

10.40 - 11.10 Prostate Cancer: Can we reach a consensus on optimal Management ?
Speaker: *Dr. Eammon Rodgers, Consultant Urologist, G.U.H.*

Discussion Summary of Session.
Chairperson: Mr. Oliver McAnena.

11.10 - 11.30 Coffee Break - Poster Viewing.

Late Morning Session

Chairperson: Dr. Maeve O Reilly, Consultant in Palliative Medicine in St.Lukes Hospital, Dublin and Our Lady's Hospital for sick children, Crumlin, Dublin.

11.30 - 11.40 Case Presentation - A patient with intractable pain secondary to accelerated osteoporosis.
Speaker: *Dr. Florrie Daniels, Dept. of Palliative Medicine, G.U.H.*

11.40 - 12.10 Kyphoplasty - Treating the source of pain.
Speaker: *Mr. John McCabe, Consultant in Orthopaedic Surgery, G.U.H.*

12.10 - 12.30 Pregabalin- An Audit of it's uses- Dose titration and patient selection.
Speaker: *Dr. Dympna Waldron/Dr. Maura Grummel, Dept. of Palliative Medicine, G.U.H.*

12.30 - 13.00 Clinical Trials- A necessity to advance our practice into the future.
Speaker: *Ms. Veronica McInerney, Clinical Trials Coordinator, G.U.H.*

Discussion Summary of Session.
Chairperson: Dr. Maeve O'Reilly.

13.00 - 14.00 Lunch.

Thursday 22nd November - Afternoon Session

- Chairperson:** Dr. Dominic O'Brannigan
Consultant in Palliative Medicine,
Our Lady of Lourdes Hospital,
Drogheda.
- 14.00 - 14.15**
Video: Living and coping with Early Parkinson's disease.
Mrs. Brona O'Boyle.
- 14.15 - 14.30**
Speaker: Case Presentation- Complex Regional Pain Syndrome- A Traumatic Halloween.
Dr. Dympna Waldron, Dept of Palliative Medicine, G.U.H.; R.C.H; R.H.C.T.
- 14.30 - 14.45**
Video: "The Joy of getting my Life Back" - A patient's perspective on sympathetic mediated pain.
Marie Hamrogue.
- 14.45 - 15.15**
Speaker: Overview of Spinal Cord Stimulators- the solution to Complex Regional Pain Syndrome (CRPS) or not?
Dr. Declan O'Keefe, Consultant Pain Specialist, St. Vincent's University Hospital, Dublin.
- 15.15 - 15.30**
Coffee Break - Poster Viewing.
- 15.30 - 15.45**
Video: Living with uncertainty "A life to remember and a new life to continue".
Máirín Mhic Dhonnchadha.
- 15.45 - 16.05**
hospital
Speaker: The role of the Clinical Palliative Care Nurse Specialist (CNS) in the acute setting: The constant evolution.
Ms Mary Burke, CNS in Palliative Care, G.U.H.
- 16.05 - 16.35**
Speaker: The transition from living to dying: Can we improve our clinical approach?
Dr. Philip Larkin, Lecturer in Palliative Care Nursing, NUIG.
- 16.35 - 16.55**
Speaker: Comfort in a patients' last days: The practical management.
Ms. Patricia O'Brien CNS / Ms Mary Marsden CNS in Palliative Care, G.U.H.
- Discussion**
Summary of Session.
Chairperson: *Dr. Dominic O'Brannigan.*

Friday 23rd November - Morning Session

08.00 - 08.50 Registration - Day Two Delegates.

08.50 - 09.00 Welcome address. Dr. Dympna Waldron.

Early Morning Session

Chairperson: Dr. Tony O'Brien, Consultant in Palliative Medicine.
Marymount Hospice and Cork University Hospital.

09.00 - 09.30 Fatigue in advanced cancer. Are we missing Adrenal Insufficiency?
Speaker: Dr. Marcia Bell, Consultant in Endocrinology, G.U.H.

09.30 - 10.00 Stem Cells- Can we learn from this research to enable our future Practice?
Speaker: Professor Tim O'Brien, Professor of Medicine, G.U.H. & N.U.I.G.

10.00 - 10.15 Case Presentation- Oglivie's Syndrome. The original diagnosis of Paralytic Ileus.
Speaker: Dr. Lucy Balding, SPR in Palliative Medicine, G.U.H.

10.15 - 10.45 Mechanical Obstruction or Paralytic Ileus- the importance of listening to bowel sounds.
Speaker: Mr. Mark Regan, Consultant Surgeon, G.U.H.

Discussion: Summary of Session.
Chairperson: Dr. Tony O'Brien.

10.45 - 11.00 Break - Poster viewing.

Late Morning Session

Chairperson: Dr. Michael Hennessy, Consultant Neurologist, G.U.H.

11.00 - 11.30 Triumphs in Palliative Chemotherapy; The Importance of achieving increased survival with gastrointestinal cancers.
Speaker: Dr. Paul Donnellan, Consultant Medical Oncologist, G.U.H.

11.30 - 11.45 A patient's perspective on quality of life: From The Heart:
Video: Elaine O'Leary.

11.45 - 12.10 A Response Shift in the Quality of Life of Patients with Lung Cancer: A Myth or A Reality?
Speaker: Dr. Eileen Mannion, Dept of Palliative Medicine, G.U.H.

12.10 - 12.30 Current uses of Octreotide in Palliative Care in the West.
Speaker: Ms. Deirdre Hickson, CNS, Roscommon Home Care Team.

Discussion Summary of Session.
Chairperson: Dr. Michael Hennessy.

12.45 - 13.45 Lunch.

Friday 23rd November - Afternoon Session

- Chairperson:** Dr. Peter Lawlor,
Consultant in Palliative Medicine,
Our Lady's Hospice,
Harolds Cross / St. James Hospital.
- 13.45 - 14.05** Opioid toxicity in an otherwise stable patient heralds imminent sepsis.
- Speaker:** *Dr. Dympna Waldron, Consultant in Palliative Medicine, G.U.H.; R.C.H.; R.H.C.T.*
- 14.05 - 14.30** Lymphoedema- getting to the source of the problem - Inferior Vena Caval (IVC) Stenting and Pharmaco-mechanical Venous Thrombectomy.
- Speaker:** *Dr. Gerry O'Sullivan, Consultant Interventional Radiologist, G.U.H.*
- 14.30 - 14.50** Break - Poster Viewing.
- 14.50 - 15.30** 'Kappa' receptor- active or inactive ? Recent research results of interest.
- Speaker:** *Professor Lars Arendt- Nielsen. Director of Centre for Sensory-motor Interaction Aalborg University, Denmark.*
- 15.30 - 16.10** Mechanisms and treatment of Neuropathic pain.
- Speaker:** *Professor Anthony Dickenson, Professor of Neuropharmacology, University of London.*
- 16.10 - 16.30** The memory of a living hell. The importance of believing pain can be controlled.
- Video:** *Rose Hegarty.*
- Discussion** *Summary of Session.*
Chairperson: Dr. Peter Lawlor.
- 16.40 - 17.00** Closing address.

Philosophy of Cuisle Beatha

The Philosophy of our Palliative Medicine/Care service in Galway University Hospitals, Roscommon County Hospital and Community is; that by helping patients to live both pain and symptom free and with good subjective quality of life; we empower them to live as whole and independent a life as possible; maintaining and enhancing rich relationships and good quality of life despite adversity; by living well with maximum supportive care, our experience is that Patients die with peace of mind surrounded with serenity and dignity.

Integration between Palliative Medicine/Care and all other specialties is the core of our working day. This integration, we believe, effects the best quality of life for patients who live with advanced disease. Interventions may need to take place in the acute hospital setting; the aim being to allow patients live well at home with maximum independence.

To explore this Philosophy, we have included four patient's stories and a friend's story to bring the subjective reality both of suffering and it's complete relief to fruition.

This conference has a full programme. With the excellence of World renowned pain experts Professor Anthony Dickenson, Professor Lars Arendt, Dr. Declan O'Keefe, and our G.U.H. World Expert Colleagues; we hope to raise awareness of recent ground-breaking developments in cancer care; chronic pain; complex regional pain syndrome; and interventions possible to get to the source of pain and/or other severe symptom problems.

We hope you will enjoy the conference and engage in lively debate following the presentations and leave with novel ideas and the vision to explore new concepts, which are challenging, to maximise our Patient's quality of life.

Tá súil agam gur bhain gach duine taitheamh agus sult as an comhgháil.

"Ní neart gan cur le chéile"
(Our strength is working together as a team.)

Mise le Meas,
Dr. Dympna Waldron.

Acknowledgements

- All our patients in particular those interviewed.
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- Ms. Bridget Howley - General Manager, G.U.H.
- Ms. Mary McHugh - Director of Nursing Services, G.U.H.
- Ms. Dolores O'Neill - Director of Public Health Nursing, Roscommon Community.
- Ms. Priya Prendergast - Local Health Manager, HSE West.
- Palliative Care Team, G.U.H., R.C.H. and R.H.C.T.
- Our colleagues in G.U.H., R.C.H. and R.H.C.T.
- Tom Kenny - Kenny's Art Gallery.
- Padraic Reaney - Artist of Image.
- Go West - Conference, Hospitality & Special Event Management.
- Liam Carroll - Brochure Design
- Snap Printing, Galway - Brochure Printing
- Radisson SAS Hotel, Galway.

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